



# *Intro. to Access Energy Transformation*

## **What is Access?**

Access is a set of tools and processes that are designed to create clarity, ease, and joy in your life. Access is not about doing anything to or for you. It is about unlocking you from what's keeping you from experiencing the greatness that you already are. It is about creating your life from consciousness and awareness.

You create everything in your life, so if something isn't showing up the way you would like it to, you are the one that creates the limitation. What if you couldn't fail at anything, what would you create?

The truth is we are infinite beings. Unfortunately most of us function from finiteness rather than infiniteness, as a result our lives are filled with trauma and drama.

In the Access intro. you will learn tools to immediately begin creating something different. Unlock limitations and fixed points of view, and begin to create as the infinite being that you truly are. This introduction to Access will expand and change your life, if you are willing.

Is your life enough the way it is now? What else is possible?

**When: March 8<sup>th</sup> at the Bikram Yoga Sugarhouse Studio**

**OR**

**March 15<sup>th</sup> at the Bikram Yoga Sandy Studio**

***(It's the same class both days.)***

**Time: 12:30**

**Cost: \$40 ]**

**Instructor: Julie Merwin**

***(If you have taken this class already, you can take the class again for free if you bring a friend.)***